

OVER THE COUNTER MEDICINE DOSAGES

Poison Control # 1-800-222-1222

Your Pharmacy # _____

Medicine	Used For	0-3 Month	4-5 Month	6-11 Month	12-23 Month	2-3 Yrs	4-5 Yrs	6-8 Yrs	9-10 Yrs	11-12 Yrs	12 Yrs +
Benadryl Chewables 25 mg/tab	Allergy						1/4 tab x 4	1/2 tab x 4	1/2 tab x 4	1 tab x 4	1-2 tabs x 4
Bendryl Elixir 12.5 mg/tsp	Allergy				1/4 tsp x 4	1/2 tsp x 4	3/4 tsp x 4	1 tsp x 4	1.5 tsp x 4	2 tsp x 4	2 tsp x 4
Colace (Constipation) once a day	Constipation	1ml daily	2 ml daily	2 ml daily	3 ml daily	4 ml daily	1 tsp daily	2 tsp daily	2.5 tsp daily	3 tsp daily	4 tsp daily
Dimetapp Cold & Allergy Elixir	Cold & Allergy					1 tsp x 4	1.5 tsp x 4	2 tsp x 4	2 tsp x 4	2 tsp x 4	2-4 tsp x 4
Dimetapp Cold & Cough Elixir	Cold & Cough					1 tsp x 4	1.5 tsp x 4	2 tsp x 4	2 tsp x 4	2 tsp x 4	2-4 tsp x 4
Dimetapp Drops Decong/Cough	Cough & Decong	0.4 ml x 4	0.4 ml x 4	0.8 ml x 4	1.2 ml x 4	1.6ml x 4					
Dimetapp ND Allergy Chewables	Allergy							1 tab x 4	1 tab x 4	1-2 tabs x 4	2 tabs x 4
Emetrol Suspension***	Vomitting / Diarrhea					1 tsp x 5	2 tsp x 5	2 tsp x 5	2 tsp x 5	2 tsp x 5	3 tsp x 5
Kaopectate Childrens	Diarrhea				3/4 tsp x 4	1 tsp x 4	1.5 tsp x 4	1 TBSP x 4	1 TBSP x 4	1 TBSP x 4	2 TBSP x 4
Motrin / Advil* Suspension	Fever / Pain			1/4 tsp x 3	1/2 tsp x 3	1 tsp x 3	1.5 tsp x 3	2 tsp x 3	2.5 tsp x 3	3 tsp x 3	3 tsp x 3
Motrin /Advil* Infant drops 40 mg	Fever / Pain			0.625 ml x 3	1.25 ml x 3	1.875 ml x 3					
Motrin Chewable Tab*. 50 mg	Fever / Pain				1 tab x 3	1.5 tabs x 3	2 tabs x 3	2.5 tabs x 3	4 tabs x 3	5 tabs x 3	6 tabs x 3
Mylecon (Gas) drops	Gas	0.3 ml x 3	0.3 ml x 3	0.3 ml x 3	0.3 ml x 3	0.3 ml x 3	0.3 ml x 3	0.6 ml x 3	0.6 ml x 3	0.6 ml x 3	0.6 ml x 3
PediaCare Chewables	Cold							1 tab x 4	1 tab x 4	1-2 tabs x 4	2 tabs x 4
PediCare Children's Suspension	Cold					1 tsp x 4	1.5 tsp x 4	2 tsp x 4	2.5 tsp x 4	3 tsp x 4	
PediaCare Cough & Decong. Drops	Cough	0.4 ml x 4	0.4 ml x 4	0.8 ml x 4	1.2 ml x 4	1.6 ml x 4					
PediaCare Decongestant Drops	Cold	0.4 ml x 4	0.4 ml x 4	0.8 ml x 4	1.2 ml x 4	1.6 ml x 4					
Pedialyte/ Kaoelectrolyte**	Vomitting / Diarrhea	13 to 32 oz	32 to 41 oz	32 to 41 oz	41 to 53 oz	53 to 58 oz	58 to 62 oz				
Robitussin Elixir	Cough					1/2 tsp x 4	3/4 tsp x 4	1 tsp x 4	1.5 tsp x 4	2 tsp x 4	2-4 tsp x 4
Robitussin CF Elixir	Cough					1/2 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1 tsp x 4	2 tsp x 4
Robitussin DM Elixir	Cough					1/2 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1 tsp x 4	2 tsp x 4
Robitussin Max. Cough Susp.	Cough					1/2 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1 tsp x 4	2 tsp x 4
Robitussin PE Elixir	Loose Cough					1/2 tsp x 4	3/4 tsp x 4	1 tsp x 4	1 tsp x 4	1 tsp x 4	2 tsp x 4
Robitussin Cough & Cold	Cold & Cough					1 tsp x 4	1 tsp x 4	2 tsp x 4	2 tsp x 4	2 tsp x 4	2 tsp x 4
Robitussin Pediatric Cough Susp.	Cough					1 tsp x 4	1 tsp x 4	2 tsp x 4	2 tsp x 4	2 tsp x 4	2 tsp x 4
Triaminic AllerChews 10 mg/tab	Allergy							1 strip x 4	1 strip x 4	1 strip x 4	1 strip x 4
Triaminic DM Elixir	Cough				1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1.5 tsp x 4	1.5 tsp x 4	2 tsp x 4	4 tsp x 4
Triaminic Expectorant	Cough		1/4 tsp x 4	1/4 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1.5 tsp x 4	1.5 tsp x 4	2 tsp x 4	4 tsp x 4
Triaminic Nite Light	Cough		1/4 tsp x 4	1/4 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1.5 tsp x 4	1.5 tsp x 4	2 tsp x 4	4 tsp x 4
Triaminic Sore Throat	Sore Throat / Cough		1/4 tsp x 4	1/4 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1.5 tsp x 4	1.5 tsp x 4	2 tsp x 4	4 tsp x 4
Triaminic Syrup	Allergy		1/4 tsp x 4	1/4 tsp x 4	1/2 tsp x 4	1 tsp x 4	1 tsp x 4	1.5 tsp x 4	1.5 tsp x 4	2 tsp x 4	4 tsp x 4
Triaminic Thin Strips Cough	Cough							1 strip x 4	1 strip x 4	1 strip x 4	1 strip x 4
Tylenol Chewables 80 mg	Fever / Pain					2 tabs x 4	3 tabs x 4	4 tabs x 4	5 tabs x 4	6 tabs x 4	6 tabs x 4
Tylenol Cold Caps	Fever / Pain							1 cap x 4	1 cap x 4	2 caps x 4	2 caps x 4
Tylenol Infant Drops 80 mg	Fever / Pain	0.4 ml x 4	0.4 ml x 4	0.8 ml x 4	1.2 ml x 4	1.6 ml x 4	2.4 ml x 4				
Tylenol Elixir 160 mg	Fever / Pain			1/2 tsp x 4	3/4 tsp x 4	1 tsp x 4	1.5 tsp x 4	2 tsp x 4	2.5 tsp x 4	3 tsp x 4	3 tsp x 4

* For fever > 102 double the dose of Motrin /Advil

** Pedialyte is available in packets. You add 8 oz water.

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x 4 MEANS FOUR TIMES A DAY = 7 am 11 am 4 pm 8 pm

***May be repeated every 15 minutes if there is no relief. Do not drink 15 min before or after taking medication.

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